

CPCAB Level 3 Certificate in Counselling Studies



**VENUE - Eastgate House, 121-131
Eastgate Street, Gloucester, GL1 1PX**

Overall purpose and aim of training:



- For students who have already acquired Level 2 Counselling Skills and want to take the next step in training to become a counsellor
- Leads to a nationally regulated qualification awarded by the Counselling and Psychotherapy Awarding Body (CPCAB)



Qualification Structure

Seven mandatory units

- Unit 1 - Prepare to work within an ethical framework for counselling
- Unit 2 - Understand the counselling relationship
- Unit 3 - Understand difference and diversity issues to develop empathetic understanding
- Unit 4 - Work within a user-centred approach to counselling
- Unit 5 - Use counselling theory to develop self-awareness in counselling practice
- Unit 6 - Understand theories of counselling and mental health understanding
- Unit 7 - Use feedback, reflection and supervision to support counselling studies

Dates

The course will run for 18 weeks from 2:30pm to 8:00pm, on a Monday, starting:

Monday
5 February 2024

Course Consultants

Lorraine Sherman - MBACP Snr Accred

Lead clinical supervisor for CYP in Carmarthenshire and Ceredigion. Lecturer in Counselling and Counselling CYP. MA in consultative supervision. Author of "Skills in Counselling Children and Young People"

Lawrence Railton - MBACP Snr Accred

PD Dip (Dist) Counselling CYP. MA Counselling CYP. Experienced Counsellor of CYP. Lecturer in Counselling Trinity St. David

Judith Bell - Dip Counselling & PG Dip Counselling CYP & MSc Healthcare

Leadership and Director of Clinical Services at TIC+

Dr Chloe Constable - D.Clin.Psy.MSc Systemic Psychotherapy, BSc

Clinical Psychologist at TIC+ and University Lecturer

Head of Training

Sue Cook - MBACP, MSc in Counselling Psychology and a Post Graduate Diploma in Enhanced Evidence Based Practice for Working with Children and Young People with Depression and Anxiety

The course is delivered by TIC+ tutors with many years' experience working as a counsellor

Structure

This 18 week, part-time, qualification is intended for learners who have already acquired a recognised qualification in counselling skills and want to take the next step in training to become a counsellor.

- 90 hours guided learning
- 106 hours self-directed learning (includes written assignment, reading, listening to podcasts etc)
- Minimum Age 19 years



Entry Requirements

CPCAB Level 2 Certificate in Counselling Skills (CSK-L2) or the Recognised Prior Learning (RPL) equivalent of at least 75 GLH.

This qualification is not suitable for those who are currently in a state of severe emotional difficulty and/or severe psychological distress. Students need to be aware that the course involves experiential elements that will involve some personal disclosure and associated personal developmental activities.

- ✓ Ability to translate intra-personal experience into language
- ✓ Able to benefit from self-development
- ✓ Emotional stability
- ✓ Evidence personal insight
- ✓ Ability to form a counselling relationship
- ✓ Awareness of difference and diversity
- ✓ Able to cope with course content
- ✓ Identify reasons for training beyond just personal development
- ✓ Be motivated towards developing as a counselling practitioner
- ✓ Attend an interview

Applications

Email training@ticplus.org.uk
for an application pack.

For further details or
queries contact Sue Cook or
Tracey Hannis on 07398 818391

Course Cost

£1500

The course cost is for BOTH Level 2 & Level 3 combined. For students who wish to complete Level 3 only, the cost is £800.

It has been a pleasure, thank you for running such a nurturing and professional course.
Catherine

It has been a pleasure, thank you for running such a nurturing and professional course. Catherine

Each day is broken up so nicely that no part of the learning feels too lengthy or drags on, making it easy to digest and feel interested and focused for the whole time. Amie

Thank you very much for all your hard work. I have really enjoyed the course, which has been inspiring.
Nadine

I cannot thank you enough for the confidence that you have given me from doing this course I really hope I can stay on your email list to hear about other courses you plan to run in the future. Thank you! Katie



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